



SSHAC Newsletter Issue #4



A reminder that there is an opportunity to find out more about volunteering at the club. Please join us on **Thurs 12th Sept 2024** any time between 6.30pm – 8.00pm for a drink and a chat in the meeting room near the track. Further information can be found on the website, select 'Volunteering' <https://www.solihullac.co.uk>

Alternatively speak to our volunteer coordinator Annette Brown at any time (sshacofficialssec@gmail.com)



Youth Development League Upper Age Group Promotion!

The promotion match for the YDL UAG this year was a paper match. The team were selected based only on their **best YDL performance** and so special thanks to those athletes who competed in all three matches and those who took on extra events.

Thanks also to those athletes who were unable to compete in the first two matches due to exams but who made it to the last match and so could be considered for the promotion match. Every single athlete who competed over the three matches were used in some way in the paper match – so absolutely every single person played their part in securing this promotion!

SSHAC beat Coventry to the second-place promotion slot by just over 20 points – very close indeed and so every extra event athletes took on really did make all the difference! This is the first time SSHAC has achieved promotion to the Premiership in the YDL UAG so it is a fantastic achievement!

A big thanks goes to Sharon Jacks for managing the team during the year and her time in sorting out the selection for the paper match to maximise our points! Let's also not forget the officials who earn points towards the results so thanks goes to them too!



Midland Counties Age Group Championships 2024

This event was held at The Pingles Nuneaton over the weekend of 10th & 11th August. The club only had a few athletes competing but had some excellent results coming away with 5 medals. 3 of those were gold!

U15 Boys	TJ	Advaith Prabhakaran	1st	11.58m
	LJ	Advaith Prabhakaran	1st	5.21m
U17 Men	400m	Harvey Nelson	1st	49.54s
U17 Women	3000m	Lola Barker	2nd	11.09.66mins
	HJ	Jess Pym	2nd	1.45m

PARIS 2024

PARALYMPIC GAMES



Thomas Young, who attended last year's awards evening, just missed out on a medal at the Paralympics Games coming 4th in the Men's 100m T38. The race was fast, with Jaydin Blackwell of the USA winning in a world record time!

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