



WELCOME

A very warm welcome to this months newsletter, my first since officially taking over as Club Chairman. On behalf of the committee and all club members I would like to thank the previous chairman Rob Davies for his commitment and enthusiasm in fulfilling the role and his ongoing support of the club.

We're looking forward to the start of the track season later this month with the first Youth Development League meetings on the 22nd and 29th. We wish everyone the best of luck throughout the season and hopefully look forward to seeing many personal bests over the coming months!

Yours in athletics,

Rob Pinton, Chairman

Sportshall Athletics 2016/2017

Congratulations to all this who competed in what has proved to be another very successful season of Sportshall Athletics. We are very proud to report that Solihull won all six trophies - U11 Girls and Boys, U13 Girls and Boys and U15 Girls and Boys.

A special mention to Max Vernon who won the U15 Boys All-Rounder, Adam Visram-Cipolletta and Jack Wynne-Jones who finished joint second and Kaili Woodward who finished 4th in the U15 Girls.





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New Members

5 new members have been accepted this month Ethan Walker, Leon Walker, Jasmine Walker, Paul Lund and George Arnold.

Welcome on board!

Coffee & Cake

Seniors are invited for coffee, cake and a chat after training on the first Thursday of each month. The next meeting will be on Thursday 4th May in the Club training room.

Calling All Officials and Helpers

This summer's Track and Field season is rapidly approaching and recent successes in the Cross Country Championships, Sportshall and Club Connect Relays bode well for an exciting season ahead. However meetings cannot run without an army of officials so we need all the help we can get. All qualified officials and parents of athletes should have received an availability form which I would urge you to return as soon as possible. If you would like to become more involved and gain an Officials' qualification please see the item on training courses. If you have any questions or you have not received a form and would like to help please contact Annette at sshacofficialssec@gmail.com.



Training Courses

Coaching Assistant

There are places available on the course in Littlemore, Oxford on 20th & 21st May 2017, booking deadline 5th May. Details [here](#).

Athletics Coach

There is a course being run at Prince of Wales Stadium in Cheltenham on 27th & 28th May, 9th July and 16th September 2017. To attend you must be 18 and have been qualified at either UKA level 1 or above, or Coaching Assistant, for at least 3 months. You must also be available to attend on all four days. Booking deadline 15th May. Details [here](#).

Leadership in Running Fitness

This 1-day course is available locally on the following dates:

22nd April	Warwick University	booking deadline 10th April
7 th May	Alexander Stadium	booking deadline 24 th April
4th June	Loughborough University	booking deadline 22nd May
10 th June	Wolverhampton	booking deadline 22 nd May

Details [here](#).

Coach in Running Fitness

There is a course being run in Burton-on-Trent on 20th & 21st May, 1st July and 16th September 2017. To attend you must be 18 and have at least a UKA level 1, Leadership in Running Fitness or Coaching Assistant qualification. You must also be available to attend on all four days. Booking deadline 8th May. Details [here](#).

If you are interested in attending any of these courses, or would like further information, please contact Annette Brown (sshactraining@gmail.com). Although online booking is now available for some courses, you will need to obtain authorisation for attendance/reimbursement of fees before booking.

Results Roundup

Midland's Mens' 12 Stage Road Relays

There were some good performances in the Midland's Mens' 12 Stage Road Relay last month where the club finished a team of 12 in 49th place with a total time of 5:20:37. The last time this happened was in 2009 so it's fantastic that after 8 years of trying we've managed it again; congratulations to all those who took part and many thanks for your support and commitment.

Individual results:

Adam Cole - 32:50 - 46th place
Louie Boot - 31:43 - 42nd place
Scott Danter - 36:01 - 47th place
Steve Howes - 35:37 - 48th place
Paul Lloyd - 22:35 - 51st place
Richard Horne - 21:53 - 52nd place
Tommy Hill - 23:13 - 51st place
Thomas Perks - 24:41 - 52nd place
Nick Martin - 23:10 - 54th place
Stuart Albutt - 23:15 - 55th place
Andrew Webber - 24:15 - 54th place
Peter Bacon - 21:14 - 51st place

Thanks to Chris Fellows who was our 13th man, ready to step in if needed & Paul Lloyd deserves a special mention for running after an incident on Tuesday night. We all wish you a speedy recovery Paul.

English National Cross-Country Championships

The English National Cross-Country Championships took place at Wollaton Park, Nottingham on 25th February. Lily Saxon (U13 Girls) ran well to finish an impressive 37th, J Dunleavy (U13 Boys) finished in 225th place despite losing a shoe and K Hopewell (U17 Boys) had a good run to finish 81st.

Full results:

U13 Girls	L Saxon	37th
U13 Boys	J Dunleavy	225th
	J Masterson	247th
U15 Boys	A Visram-Cipolletta	301st
U17 Boys	K Hopewell	81st
	H Fellows	249th

British Athletics Inter Counties

There were some impressive results at the British Athletics Inter Counties meet which took place at Prestwold Hall, Loughborough on 11th March.

Full results:

U13 Girls	
L Saxon	9th (1st for Warks)
K Potter	257th (6th for Warks)
U13 Boys	
H Faizey	59th (1st for Warks)
J Dunleavy	180th (4th for Warks)
U15 Girls	
K Scott	232th (5th for Warks)
A Dalby	276th (8th for Warks)
U15 Boys	
A Visram-Cipolletta	160th (3rd for Warks)
U17 Boys	
K Hopewell	74th (2nd for Warks)
C McLeod	DNF
U20 Women	
J Smith	170th (5th for Warks)



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Fixtures List		
	Event	Location
April		
8th	National 12 & 6 Stage Road Relays	Sutton Park
22nd	YDL U13/15	Milton Keynes
28th	Quadkids	Leamington
30th	YDL U17/20	Stourport
May		
6th	Midland League	Solihull
7th	Heart of England League	Worcester
13-14th	Warwickshire County Championships	
20th	YDL U13/15	Alexander Stadium
28th	YDL U17/20	Solihull
June		
3rd	Heart of England League	Tilsley Park, Abingdon
4th	Midland League	Corby
9th	Quadkids	Stratford
10th	County Schools Championships	Various
10-11th	Midland Senior/U20 Championships	
17th	Schools Mason Trophy	
17-18th	England U20/23 Championships	Bedford
18th	YDL U13/15	Rugby
23rd	Super 4	Leamington
24-25th	Schools Regional Combined Events	
25th	YDL U17/20	Brierley Hill
July		
1-2nd	British Championships & World Trials	Alexander Stadium
2nd	Heart of England League	Rugby
7th	Quadkids	Solihull
7-8th	English Schools Championships	Alexander Stadium
14th	Super 4	Stratford
15th	YDL U13/15 Promotion Match?	
16th	Midland League	Tipton
23rd	YDL U17/20 Promotion Match?	
29-30th	CAU & England Senior Championships	Bedford